1. PAYMENT & BILLING

- Prices are in U.S. dollars and include Texas sales tax where applicable.
- We use Stripe and PayPal; your card is charged at purchase.
- Recurring coaching subscriptions auto-renew until cancelled in your account portal.

2. REFUND POLICY

- Digital meal plans & downloads: **No refunds**
 1-on-1 coaching: NO refund if cancelled within 48 hours of first session; no refunds thereafter.
- Custom Monthly 30-day plans NO refunds

3. CANCELLATION

Cancel recurring subscriptions anytime in your account. No pro-rated refunds for partial months.

4. ACCOUNT SECURITY

You are responsible for keeping your login credentials confidential. Notify us immediately of unauthorized use.